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21

DAYS OF

Theme: 2026

Awakened Romans 13:11 • Aligned Amos 3:3 • Advancing Philippians 3:14:

Fasting:

Purpose of the fast:

We deliberately weaken the powerful bond with our flesh and strengthen our relationship with God, spirit to Spirit. It is an exchange; fasting is less of us and more of Him.

WHAT IS HAPPENING SPIRITUALLY WHEN WE FAST?

Apostle Paul describe it so well in Romans 7, there is a perpetual battle between the flesh and the spirit, and our mind moderates by making decisions about which call to obey. As human beings, we are mind, body and spirit, but spiritually dead without God. We tend to be pushed around by our fleshly desires. Our flesh is all about our relationship with ourselves and our natural physical cravings, which can become selfish and even destructive when left unchecked.

Praying and Fasting is not our opportunity to change God's mind it's His opportunity to change us.

Why fast?

Fasting is simply a rest from food. The word fast means strict regimen.

We fast to destroy the strongholds of evil and the yoke of bondage. We fast to usher in a great revival that will produce a spiritual harvest around us and through us. However, fasting without **repentance** defeats the purpose of the fast. (**repentance means, one makes a complete change of direction (180° turn) toward God**). You must first repent of all sins and be born again, according to Romans 10:9-10. This is a necessary step before fasting, humble yourself before God (**Psalms 35:13**) and confess your sins. Prayer should be our sustenance (nourishment) throughout the fast, but it is imperative we begin the fast with a contrite heart. In other words, contrite (remorseful) A heart that is crushed over any presence of sin in your life and surrendered to the plan God has for your life.

Old Testament Fast:

- David fasted to seek God's healing for his sick child (**2 Samuel 12:14-16**)

- The king of Nineveh ordered every person and their animals to fast and "cry mightily to God; yes, let everyone turn from his evil way". God was moved by their reverence and showed mercy by not destroying the city. **(Jonah 3:8)**
- The people of Judah fasted for deliverance/help **(2 Chronicles 20:3-4)**

New Testament Fast:

- To overcome temptation (enticement) and dedicate yourself to God **(Matthew 4:1 – 11)**
- To express love and worship for God **(Luke 2:37)**
- **(Matthew 6:16-18)** "And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you."

The benefits of fasting:

First, it is important to know, the more seriously we approach prayer and fasting, the more serious the results we will experience.

Jesus said, "The spirit is willing, but the flesh is weak" **(Matt. 26:41)**. Fasting is a means of bringing the flesh into submission to the Lord so He can strengthen us in our mastery over our own selves. Fasting in the flesh makes us stronger to stand against the temptations of the flesh. Those temptations very often deal with food.

Abstaining from food is often God's way of showing that His desire for us is that we regain mastery over all things associated with our flesh in order to subdue our flesh and elevate our emphasis on spiritual matters.

The Absolute Fast:

No food but **Yes** to water only. **No** juice, coffee, tea, soda, etc. for the next **seven days**.

Daniel Fast:

- Fruits, Vegetables, Nuts, and Beans.
- You can drink fruit & vegetable smoothies, and water only.

No, tea, coffee, soda, etc.

For more information on the Daniel Fast please refer to the link: www.ultimatedanielfast.com

Spiritual Motivation: Our spiritual motivation, the mind clears, the whole body quiets and you are at once attuned to a different state of consciousness one in which you hear, feel, and think things that you would not ordinarily senses. (Hearing From God).

- Fasting improves mental attitude and strengthens your discipline and resolves as you meet its personal challenges.

Remember during this time of fasting and praying, for the next 21 days no social media:

Television Instagram

Facebook Dating websites

Twitter Snapchat

Glide Tik Tok

Marco Polo

DAY 1 SALVATION

Encouraging Words from Cornell C. S. Wheeler (Servant)

This day we are studying Salvation. Read the full chapter connected to today's scripture. Ask God to help you understand salvation clearly and share it with someone else.

STORY ABOUT SALVATION:

Marcus was on his way home from work when he noticed a man sitting alone at the bus stop. The man looked tired, his shoulders heavy, his eyes fixed on the ground. Marcus felt a gentle tug in his heart, a quiet thought that said, *Stop and speak*.

At first, Marcus hesitated. He didn't know what to say. He wasn't a preacher. He didn't have a microphone or a pulpit. But he remembered that witnessing wasn't about having the perfect words. It was about sharing the truth he had already received.

Marcus walked over and said, "Hey, how are you doing today?"
The man looked up, surprised, and said, "Honestly, not good."

They talked for a few minutes. The man shared how life felt empty, how he felt lost, and how he didn't know what came next after all his mistakes. Marcus listened. Then he shared his own story. He told him how he once felt the same way until he learned that Jesus didn't come to condemn him, but to save him.

Marcus said, "I found out that salvation isn't about being perfect. It's about believing that Jesus died for our sins and rose again so we could have new life. When I believed that, everything changed."

The man asked, "So you're saying Jesus would forgive someone like me?"

Marcus smiled and said, “Yes. That’s exactly who He came for.”

Right there at the bus stop, Marcus asked the man if he wanted to pray. The man nodded. Marcus led him in a simple prayer, asking Jesus to come into his heart and take control of his life.

When the prayer ended, the man looked different. Not because all his problems were gone, but because hope had entered his heart. Marcus reminded him that salvation was the beginning, not the end, and encouraged him to keep learning God’s Word.

As Marcus walked away, he realized something important. He didn’t just share words. He shared **life**. That day, Marcus understood that witnessing is simply telling others what Jesus has already done for you and inviting them to receive it too.

Scripture

Romans 10:9 KJV That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved.

Romans 10:9 MSG (summary) Confess Jesus as Lord and believe God raised Him, and you will be saved.

WHO

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Write a short synopsis on a separate sheet of paper

Vocabulary

Salvation

- Webster: Deliverance or rescue
- Biblical: Being saved from sin through faith in Jesus Christ

Reflection Questions

What does it mean to be saved

How would you explain salvation to a non believer in your own words

What is your strategy on winning souls and do you have one

Reflection Multiple Choice

Salvation means?

- A. Being saved by Jesus
- B. Being perfect by yourself
- C. Ignoring sin

We are saved when we?

- A. Believe and confess Jesus
- B. Hide from God
- C. Depend only on works

Winning souls starts with

- A. Sharing Jesus in love
- B. Arguing harshly
- C. Being silent

Prayer

Lord, thank You for saving me through Jesus Christ. Help me believe Your Word and live like I belong to You. Give me boldness to share salvation with kindness, wisdom, and love. Teach me how to explain the gospel clearly to people who do not believe. Let my life point others to Jesus. In Jesus' name Amen.

DAY 2 PRAYING TO RENEW YOUR MIND DAILY

Encouraging Words from Cornell C. S. Wheeler (Servant)

This day we are studying Renewing Your Mind. Read the full chapter connected to today's scripture. Ask God to change your thinking and help you choose thoughts that match His truth.

Allowing God to reshape the way you think happens when you intentionally submit your thoughts to His Word and His Spirit. It begins with listening to what God says instead of agreeing with old beliefs, fears, or past experiences. As you read Scripture, pray, and obey conviction, God replaces harmful thinking with truth. This process requires humility, consistency, and a willingness to let go of thoughts that no longer align with who God is calling you to be. Over time, the mind learns to respond with faith, clarity, and obedience instead of habit or emotion.

Scripture

Romans 12:2 KJV And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Romans 12:2 MSG (summary) Don't copy the world; let God change you from the inside out.

WHO

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Write a short synopsis on a separate sheet of paper

Vocabulary

Renew

- Webster: To make new again
- Biblical: God changing how you think through His Word

Transform

- Webster: To change form
- Biblical: A new life that comes from a renewed mind

Reflection Questions

What is one thought you need God to change

What helps you renew your mind each day

What practical habit will you start this week

Reflection Multiple Choice

Renewing your mind means:

- A. Changing your thinking with God's Word
- B. Never learning
- C. Doing anything you feel

One way to renew your mind is

- A. Read Scripture and pray
- B. Hold grudges
- C. Feed fear

God's will is:

- A. Good and perfect
- B. Always harmful
- C. Impossible

Prayer

Lord, renew my mind daily. Help me stop agreeing with wrong thoughts and start agreeing with Your Word. Teach me to replace fear, doubt, and negativity with truth

and peace. Give me discipline to guard what I watch, listen to, and repeat. Let my mind become stronger, calmer, and more faithful. In Jesus' name Amen.

DAY 3 WALKING AFTER THE SPIRIT

Encouraging Words from Cornell C. S. Wheeler (Servant)

This day we are studying how to walk after the Spirit. Read the full chapter connected to today's scripture. Ask God to help you choose the Spirit over the flesh in everyday life.

Walking after the Spirit means allowing the Holy Spirit to guide your choices, reactions, and desires instead of being led by impulse or fleshly cravings. It is a daily decision to follow God's direction even when it requires discipline and self-control. When a believer walks after the Spirit, obedience becomes intentional and sin loses its pull. The Spirit helps correct, strengthen, and lead into truth, making it possible to live a life that honors God. Walking after the Spirit produces peace, clarity, and a lifestyle that reflects Christ.

Scripture

Galatians 5:16 KJV This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh.

Galatians 5:16 MSG (summary) Live led by the Spirit so you do not feed selfish desires.

WHO

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Write a short synopsis on a separate sheet of paper

Vocabulary

Spirit

- Webster: Nonphysical part of a person
- Biblical: Living led by the Holy Spirit

Flesh

- Webster: Human nature
- Biblical: Desires that fight God's will

Lust

- Webster: Strong desire
- Biblical: Ungodly cravings that lead to sin

Reflection Questions

Name one area where the flesh tries to lead you

What helps you choose the Spirit in hard moments

Who or what should you avoid to protect your walk

Reflection Multiple Choice

Walking in the Spirit means:

- A. Letting God lead you
- B. Doing whatever you want
- C. Hiding from God

The flesh wants to:

- A. Pull you into sin
- B. Help you obey
- C. Make you holy

The Spirit helps you

- A. Say no to sin

B. Stay angry

C. Love darkness

Prayer

Holy Spirit, lead me today. Give me power to say no to temptation and yes to what pleases You. Help me make wise choices with my friends, music, and entertainment. Strengthen me when I feel weak and remind me of Your Word. Teach me to walk in obedience with joy and consistency. In Jesus' name Amen.

DAY 4 FILLED WITH THE HOLY GHOST

“Endued With Power”

Jasmine was saved and loved the Lord. She believed in Jesus Christ, attended church faithfully, and desired to live a life that pleased God. Yet she noticed something missing. When trials came, her strength seemed to fade. When temptation appeared, she struggled to stand firm. She realized that salvation had brought her into relationship with God, but she needed power to walk out that life daily.

During a tarrying service, the Word of God was taught concerning the promise of the Holy Ghost. The teacher explained that the Holy Ghost is not a feeling or an emotional moment, but the Spirit of God given to believers to empower them to live holy, overcome sin, and be witnesses for Christ. Jasmine listened attentively as she heard that receiving the Holy Ghost required surrender, obedience, and faith in God's promise.

That night, Jasmine went before the Lord in prayer. She repented of anything the Holy Spirit had been convicting her of. She forgave those she had held in her heart. She laid down distractions and made herself available to God. She did not rush the moment. She waited with expectation.

As she prayed and worshiped, something shifted. The presence of God filled the room. Peace replaced anxiety. Strength replaced weakness. The Spirit of God came upon her just as the Word declared. Jasmine understood that she was no longer striving in her own ability. She was endued with power from on high.

From that day forward, Jasmine walked differently. The Holy Ghost gave her boldness to stand for righteousness. He guided her decisions, corrected her when needed, and strengthened her in moments of weakness. She learned that the Holy Ghost does not remove responsibility, but He empowers obedience.

Jasmine's life became a testimony. She understood that salvation is the door, but the Holy Ghost is the power to walk through life victoriously. She learned that when a believer is filled with the Holy Ghost, they are equipped to live holy, serve faithfully, and stand strong until the return of Christ.

Scripture

Acts 1:8 KJV But ye shall receive power, after that the Holy Ghost is come upon you: and ye shall be witnesses unto me both in Jerusalem, and in all Judaea, and in Samaria, and unto the uttermost part of the earth.

Acts 1:8 MSG (summary) You will receive power from the Holy Spirit and be a witness everywhere.

WHO

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Write a short synopsis on a separate sheet of paper

Vocabulary

Holy Ghost

- Webster: God's Spirit
- Biblical: The Spirit of God who empowers believers

Surrender

- Webster: Yield control
- Biblical: Giving God your yes

Witness

- Webster: Someone who testifies
- Biblical: Sharing Jesus with words and life

Reflection Questions

What is one thing God is asking you to surrender

Why do believers need Holy Ghost power

How can you make room for God daily

Reflection Multiple Choice

The Holy Ghost gives

- A. Power
- B. Confusion
- C. Weakness

God fills people who

- A. Surrender to Him
- B. Refuse to change
- C. Love sin

Holy Ghost power helps us

- A. Be witnesses
- B. Hide faith
- C. Stay the same

Prayer

Father, I desire to be filled with the Holy Ghost. Search my heart and remove anything that does not please You. Teach me to surrender my habits, words, and choices to Your will. Fill me with power to live holy and to witness with boldness and love. Let my life reflect Jesus and bring You glory. In Jesus' name Amen.

DAY 5 CLOSING DEMONIC DOORS

Encouraging Words from Cornell C. S. Wheeler (Servant)

This day we are studying Closing Demonic Doors. Read the full chapter connected to today's scripture. Ask God to reveal any doors opened knowingly or unknowingly and give you strength to close them through repentance and obedience.

"The Door I Didn't Know Was Open"

Darius loved God and had recently recommitted his life to Christ. He prayed, read his Bible, and wanted to live right. Yet he noticed that certain struggles kept returning. Anger flared up quickly. Temptation felt stronger than it should. His peace came and went. He could not understand why victory felt so difficult when he truly wanted to obey God.

One evening during Bible study, the lesson focused on giving no place to the devil. The teacher explained that demonic doors are often opened through sin, compromise, or curiosity with things God has clearly warned against. The teacher said, "The enemy does not need permission to tempt you, but he does need access to stay."

Those words stayed with Darius. As he prayed that night, the Holy Spirit began to reveal areas he had ignored. He remembered how he used to watch certain movies that glorified darkness. He had listened to music that fed lust and anger. He had dabbled in things he once thought were harmless, but God showed him they were doors, not entertainment.

Darius realized something important. He had not lost his salvation, but he had given the enemy room to operate.

With humility, Darius repented. He did not excuse his actions or blame others. He prayed, "Lord, I renounce and denounce every door I opened knowingly or unknowingly. I choose obedience over curiosity. I choose holiness over comfort."

He removed what God told him to remove. He changed what God told him to change. He did not argue with conviction. He obeyed it.

Over time, things began to shift. His mind felt clearer. Temptation lost its grip. Peace settled where confusion once lived. Darius learned that closing demonic doors is not about fear of the enemy, but obedience to God. The enemy flees when doors are shut through repentance and truth.

Darius understood that freedom is maintained by guarding your life, your choices, and your heart. He learned that God's protection flows where obedience lives. When demonic doors are closed, God's peace is free to reign.

Scripture

Ephesians 4:27 KJV Neither give place to the devil.

Ephesians 4:27 MSG (summary) Do not give the enemy any foothold in your life.

WHO

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Write a short synopsis on a separate sheet of paper

Vocabulary

Renounce

- Webster: Reject formally
- Biblical: Break agreement with sin and turn away

Denounce

- Webster: Speak against openly
- Biblical: Declare sin is wrong and refuse its influence

Foothold

- Webster: A place to stand
- Biblical: Any access the enemy gains through sin

Reflection Questions

What doors do you need God to help you close

Why is repentance important when closing doors

Write a short synopsis on a separate sheet of paper

What changes can you make to protect your walk

Reflection Multiple Choice

Closing doors begins with:

- A. Repentance
- B. Ignoring sin
- C. Blaming others

Occult practices WILL:

- A. Open doors
- B. Make you holy
- C. Protect you

God gives believers power to:

- A. Resist the devil
- B. Serve darkness
- C. Stay bound

Renouncing and Denouncing Declarations

1. I renounce and denounce sexual sin including fornication, adultery, pornography, and masturbation.
2. I renounce and denounce lustful thoughts and impure imaginations.
3. I renounce and denounce tarot cards and card reading.
4. I renounce and denounce psychics, mediums, and fortune telling.
5. I renounce and denounce Ouija boards and spirit communication.
6. I renounce and denounce witchcraft, sorcery, and spell casting.
7. I renounce and denounce horoscopes and astrology.
8. I renounce and denounce horror movies that glorify darkness.
9. I renounce and denounce ungodly music that promotes sin, lust, violence, or rebellion.

10. I renounce and denounce alcohol abuse and drunkenness.
11. I renounce and denounce drug use and substance abuse.
12. I renounce and denounce rebellion against God and authority.
13. I renounce and denounce pride and self exaltation.
14. I renounce and denounce unforgiveness and bitterness.
15. I renounce and denounce anger, rage, and hatred.
16. I renounce and denounce lying and deception.
17. I renounce and denounce jealousy and envy.
18. I renounce and denounce greed and the love of money.
19. I renounce and denounce fear and anxiety that oppose faith.
20. I renounce and denounce negative self talk and word curses.
21. I renounce and denounce ungodly soul ties.
22. I renounce and denounce generational sins and patterns.
23. I renounce and denounce compromise with sin.
24. I renounce and denounce disobedience to God's Word.
25. I renounce and denounce every demonic door opened knowingly
or unknowingly.

Prayer

Lord, I come before You asking forgiveness for every door I have opened. Reveal anything in my life that does not please You and give me strength to turn away completely. I close every demonic door through repentance and obedience to Your Word. Cleanse my mind, heart, and environment and keep me guarded by Your truth. Help me walk in holiness, freedom, and wisdom every day. In Jesus' name Amen.

DAY 6 PRAYING TO AFFIRM MY IDENTITY IN JESUS CHRIST

Encouraging Words from Cornell C. S. Wheeler (Servant)

This day we are studying Praying to Affirm My Identity in Jesus Christ. Read the full chapter connected to today's scripture. Ask God to help you see yourself the way He sees you.

Praying to affirm your identity in Jesus Christ means agreeing with what God says about you instead of what your past, your feelings, or other people have spoken. Through prayer, you declare that you are who God calls you to be, even when your circumstances do not reflect it yet. As you pray, lies are exposed and replaced with

truth, and confidence rooted in Christ begins to grow. Affirming your identity in prayer strengthens faith and helps you walk with purpose and assurance. When identity is settled in Christ, confusion fades and spiritual stability is established.

Scripture

2 Corinthians 5:17 KJV Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.

2 Corinthians 5:17 MSG (summary) In Christ you get a fresh start and become new.

WHO

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Write a short synopsis on a separate sheet of paper

Vocabulary

Identity

- Webster: Who a person is
- Biblical: Who God says you are in Christ

Affirm

- Webster: State as true
- Biblical: Agree with God's Word about you

Reflection Questions

What does it mean to be a new creation in Christ

What lies about yourself do you need to let go of

What truth does God's Word say about who you are

Reflection Multiple Choice

Being in Christ means:

- A. You are made new
- B. You stay the same
- C. You have no purpose

Your identity should come from

- A. God's Word
- B. Other people
- C. Past mistakes

Affirming truth helps you

- A. Walk in confidence
- B. Stay confused
- C. Give up

Prayer

Lord, I thank You that my identity is found in You and not in my past, my mistakes, or the opinions of others. I reject every lie spoken against who I am and I receive Your truth. Help me walk daily as Your child with confidence and humility. Renew my mind and heal insecurities that try to follow me. Teach me to speak life over myself and live as a new creation in Christ. In Jesus' name Amen.

DAY 7 CASTING DOWN IMAGINATIONS

Encouraging Words from Cornell C. S. Wheeler (Servant)

This day we encourage you to prayerfully study this topic and read the full chapter connected to today's scripture.

Winning the Battle of the Mind:

The battlefield is not always in the streets. Often, the greatest battle is in the mind. The enemy does not need to destroy your body if he can confuse your thinking. That is why the Word of God instructs us to cast down imaginations.

The Bible teaches in **2 Corinthians 10:5 KJV**, *Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ*. This scripture reveals that not every thought that enters your mind belongs to you, and not every thought deserves to stay.

Imagination becomes dangerous when it rises above the truth of God's Word. When the mind begins to replay fear, lust, offense, doubt, or fantasy, those thoughts attempt to exalt themselves above what God has already spoken. Left unchecked, imagination can shape behavior, weaken faith, and open doors to sin.

Casting down imaginations is an act of spiritual authority. It means you refuse to agree with thoughts that contradict God's truth. You do not entertain them. You do not reason with them. You bring them under submission to Jesus Christ.

The believer must learn to replace imagination with revelation. What God says must be greater than what you feel, see, or imagine. When thoughts rise that do not align with Scripture, they must be confronted with the Word of God, not ignored.

Victory in the Christian life is directly connected to victory in the mind. When imaginations are cast down and thoughts are brought captive to Christ, peace is restored, clarity returns, and obedience becomes possible.

Today, make a decision to guard your mind. Do not allow imagination to rule where truth should reign. The Word of God has given you authority. Use it.

Scripture

2 Corinthians 10:5 KJV Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ.

2 Corinthians 10:5 MSG (summary) God gives power to smash lies and bring thoughts under Christ.

WHO

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Vocabulary

Imagination

- Webster: Pictures in the mind
- Biblical: Thoughts that must submit to God's truth

Reflection Questions

What thought do you need to bring to Jesus

What helps you stop runaway thoughts

How can you fill your mind with truth

Reflection Multiple Choice

Casting down imaginations means

- A. Rejecting lies
- B. Feeding fear
- C. Believing every thought

Obedient thoughts match

- A. God's Word
- B. Any feeling
- C. Any trend

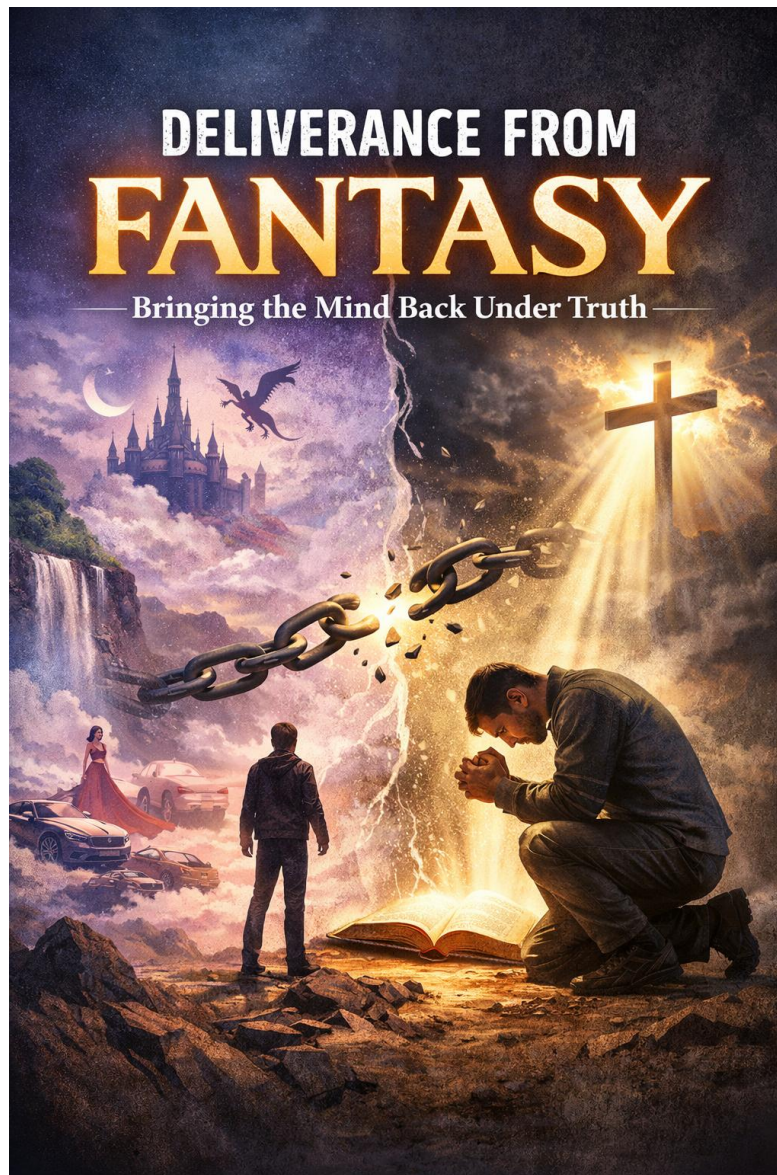
Truth brings

- A. Freedom
- B. Confusion
- C. Darkness

Prayer

Lord, help me recognize thoughts that do not agree with Your Word. Give me power to cast down imaginations, lies, and fears. Teach me to capture my thoughts and submit them to Christ. Fill my mind with Scripture, peace, and wisdom. Let my thinking become steady and strong. In Jesus' name Amen.

DAY 8 DELIVERANCE FROM THE SPIRIT OF FANTASY



Bringing the Mind Back Under Truth

Fantasy becomes dangerous when it replaces truth. While imagination itself is a gift from God, fantasy that pulls the mind away from reality, responsibility, and obedience becomes a stronghold. The enemy often uses fantasy as a quiet distraction before it becomes a loud bondage.

The Word of God tells us in **Colossians 3:2 KJV**, *Set your affection on things above, not on things on the earth*. This scripture teaches us that the believer's mind must be intentionally directed. If the mind is left unchecked, it will wander into places God never intended it to live.

Fantasy often appears harmless. It starts as daydreaming, escape, or entertainment, but over time it can create false expectations, ungodly desires, and dissatisfaction with real life. Fantasy convinces people to live in what could be instead of what God is actually doing. It causes people to fall in love with an image instead of submitting to truth.

Deliverance from fantasy requires discipline of the mind. God does not deliver us so we can drift. He delivers us so we can focus. When fantasy rules the mind, prayer weakens, obedience becomes delayed, and discernment grows dull. That is why the Bible calls us to sobriety of mind and clarity of thought. Don't get drunk on demonic fantasies.

The believer must choose truth over escape. God never intended for His people to survive by imagination alone. He intended us to walk by faith, grounded in His Word. Fantasy fades when the Word takes root. As Scripture fills the heart, imagination is brought into alignment with God's purpose.

Deliverance from fantasy is not just about stopping wrong thoughts. It is about filling the mind with what is true, pure, and holy. When the mind is submitted to God, fantasy loses its power and clarity returns.

Today, God is calling His people back to focus. Back to discipline. Back to truth. When fantasy is cast down, the mind becomes a place where God can speak clearly, lead faithfully, and reign fully.

Scripture

Colossians 3:2 KJV Set your affection on things above, not on things on the earth.

Colossians 3:2 MSG (summary) Keep your mind focused on heavenly things, not distractions.

WHO

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Vocabulary

Fantasy

- Webster: Imagined events not based in reality
- Biblical: Imaginations that pull the heart away from truth

Reflection Questions

What kinds of thoughts distract you from God

What can you do to stay focused on God

Why is a grounded mind important

Reflection Multiple Choice

Fantasy can

- A. Distract
- B. Strengthen
- C. Protect

God calls believers to

- A. Set their minds above
- B. Daydream
- C. Escape reality

A stable mind comes from

- A. God's Word
- B. Imagination only
- C. Fear

Prayer

Lord, deliver me from distractions and fantasies that pull my heart away from You. Help me keep my mind grounded in Your truth. Strengthen my focus and guard what I watch and listen to. Keep my heart aligned with Your will and teach me to love truth. In Jesus' name Amen.

DAY 9 PRAYERS AGAINST FINANCIAL COLLAPSE AND A POVERTY MINDSET

Financial collapse and a poverty mindset often begin in the way a person thinks before they appear in real life. Financial collapse can happen when fear, poor decisions, lack of planning, or unexpected hardship take control. A poverty mindset develops when someone believes there will never be enough, feels trapped by lack, or expects failure instead of provision. This way of thinking can limit growth, discourage responsibility, and create constant anxiety.

God's Word teaches that provision begins with trust, wisdom, and stewardship. When the mind is renewed, fear is replaced with faith and scarcity thinking is replaced with confidence in God's ability to supply. Addressing financial collapse and a poverty mindset requires changing thought patterns, learning discipline, and aligning decisions with biblical principles. As the mindset shifts, stability, peace, and healthier financial habits can begin to form.

Scripture

Philippians 4:19 KJV But my God shall supply all your need according to his riches in glory by Christ Jesus.

Philippians 4:19 MSG (summary) God will take care of what you truly need through Christ.

WHO

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Vocabulary

Provider

- Webster: One who supplies
- Biblical: God who supplies every need

Poverty mindset

- Webster: Belief of lack
- Biblical: Thinking that limits trust in God's provision

Reflection Questions

What thoughts do you have about money

How can faith replace fear in finances

What does God promise about provision

Reflection Multiple Choice

God is our

- A. Provider
- B. Limitation
- C. Fear

A poverty mindset produces

- A. Fear
- B. Faith
- C. Peace

Trusting God leads to

- A. Provision
- B. Lack
- C. Confusion

Prayer

Lord, I thank You that You are my provider. I renounce fear, lack, and every poverty mindset. Teach me wisdom and stewardship. Give me peace in my mind and stability in my home. Help me trust You and make godly choices with what I have. In Jesus' name Amen.

DAY 10 PRAYING FOR OUR PASTOR

Believers need to pray for their pastor because pastors carry spiritual responsibility for leading, teaching, and caring for God's people. They make decisions that affect the direction of the church and often face spiritual pressure that others do not see. Prayer provides covering, strength, and wisdom for pastors as they fulfill their calling. When believers pray for their pastor, it helps protect their mind, heart, family, and spiritual clarity. A praying church supports healthy leadership and creates unity, stability, and growth within the body of Christ.

Scripture

Hebrews 13:17 KJV Obey them that have the rule over you, and submit yourselves: for they watch for your souls, as they that must give account, that they may do it with joy, and not with grief: for that is unprofitable for you.

Hebrews 13:17 MSG (summary) Respect pastoral leadership; they care for your soul and answer to God.

WHO

WHAT

WHEN

WHERE

WHY

Vocabulary

Pastor

- Webster: A church leader
- Biblical: A shepherd who watches over souls

Reflection Questions

Why is praying for your pastor important

How can you support your pastor

What blessings come from honoring leadership

Reflection Multiple Choice

Pastors watch for

- A. Souls
- B. Trends
- C. Entertainment

Supporting your pastor brings

- A. Blessing
- B. Confusion
- C. Division

Praying for leaders is

- A. Biblical
- B. Wrong
- C. Useless

Prayer

Lord, bless and strengthen my pastor. Cover their mind, heart, and spirit. Give them wisdom, courage, and peace as they lead. Protect their family and their assignment. Help me honor leadership and support them through prayer and service. In Jesus' name Amen.

DAY 11 PRAYING AGAINST THE SPIRIT OF OFFENSE

Praying against the spirit of offense is necessary because offense can quietly damage the heart and disrupt spiritual growth. When offense is allowed to remain, it creates bitterness, misunderstanding, and division. The spirit of offense causes people to focus on hurt instead of healing and on reaction instead of wisdom. It can hinder prayer, weaken relationships, and block the flow of peace in a believer's life.

The spirit of offense also distorts perspective. It makes correction feel like rejection and truth feel like an attack. Over time, offense can harden the heart and lead to isolation, unforgiveness, and disobedience. Praying against offense helps guard the heart, restore clarity, and keep relationships healthy. When offense is resisted through prayer and humility, the believer is free to walk in love, unity, and spiritual maturity.

Scripture

Proverbs 19:11 KJV The discretion of a man deferreth his anger; and it is his glory to pass over a transgression.

Proverbs 19:11 MSG (summary) Wisdom helps you overlook offenses and stay calm.

WHO

WHAT

WHEN

WHERE

WHY

Vocabulary

Offense

- Webster: A hurt feeling
- Biblical: A trap that leads to bitterness and division

Reflection Questions

What offense do you need to release

How can you respond with wisdom

What does forgiveness protect in you

Reflection Multiple Choice

An offense can lead to

- A. Bitterness
- B. Peace
- C. Joy

Wisdom helps you

- A. Overlook an offense
- B. Hold grudges
- C. Start fights

Forgiveness means

- A. Letting it go
- B. Getting revenge
- C. Staying angry

Prayer

Lord, help me not to live offended. Heal my heart from hurt and disappointment. Teach me to forgive quickly and choose peace. Remove bitterness and pride. Help me walk in love and keep my relationships clean before You. In Jesus' name Amen.

DAY 12 HEALTHY AND WHOLE SINGLES

Healthy and whole singles recognize that this season of life is not a pause, but a place of preparation and growth. Instead of measuring worth by companionship, they allow God to strengthen their faith, character, and emotional stability.

Wholeness develops when healing is addressed, boundaries are honored, and identity is rooted in Christ rather than in expectation.

This season allows singles to build discipline, wisdom, and clarity about who they are and what they need. By focusing on spiritual health and personal growth, singles learn to wait with purpose instead of frustration. A healthy and whole single life positions a person to enter future relationships with confidence, discernment, and peace.

Scripture

Psalm 34:18 KJV The Lord is nigh unto them that are of a broken heart; and saveth such as be of a contrite spirit.

Psalm 34:18 MSG (summary) God stays close to the brokenhearted and helps them.

WHO

WHAT

WHEN

WHERE

WHY

Vocabulary

Whole

- Webster: Complete
- Biblical: Healed and steady in Christ

Reflection Questions

What does being whole in Jesus look like

What habits help you stay healthy

How can you guard your heart

Reflection Multiple Choice

God is near when we are

- A. Brokenhearted
- B. Proud
- C. Mocking

Being whole includes

- A. Healing and wisdom
- B. Rushing into sin
- C. Giving up

Waiting with God means

- A. Trusting His timing
- B. Forcing doors
- C. Living in fear

Prayer

Lord, strengthen singles in the body of Christ. Heal wounds and build healthy boundaries. Remove loneliness that leads to compromise. Fill them with peace, wisdom, and purpose. Let them grow strong in You while they wait. In Jesus' name Amen.

DAY 13 HEALTHY AND WHOLE MARRIAGES

Healthy marriages are established according to God's design and are sustained by obedience to His Word. God teaches that marriage is a covenant, not merely a contract, and it requires commitment, faithfulness, and mutual honor. A healthy marriage reflects unity, where two individuals choose to walk together in love, patience, and humility. God's Word calls husbands and wives to serve one another, communicate with grace, and protect the bond that joins them together.

In a healthy marriage, God remains at the center. Prayer, forgiveness, and submission to God's will strengthen the relationship and help couples endure challenges. When marriage is aligned with God's purpose, it becomes a place of growth, stability, and peace. A marriage that honors God reflects His love, models unity to others, and stands firm through every season.

Scripture

Ecclesiastes 4:12 KJV And if one prevail against him, two shall withstand him; and a threefold cord is not quickly broken.

Ecclesiastes 4:12 MSG (summary) With God in it, marriage becomes stronger and harder to break.

WHO

WHAT

WHEN

WHERE

WHY

Vocabulary

Covenant

- Webster: Serious promise
- Biblical: A sacred agreement before God

Reflection Questions

What makes a marriage strong in God

How can couples protect unity

What prayer can you pray for marriages

Reflection Multiple Choice

A threefold cord means

- A. God in the marriage
- B. Money only
- C. Friends only

Healthy marriages need

- A. Prayer and respect
- B. Secrets
- C. Disrespect

Unity is protected by

- A. Love and humility
- B. Pride
- C. Competition

Prayer

Lord, strengthen marriages in the body of Christ. Heal communication and rebuild trust. Teach couples to pray together and honor one another. Guard homes from division and temptation. Let covenant be protected and joy return. In Jesus' name Amen.

DAY 14 DELIVERANCE FROM SEXUAL IMMORALITY

Deliverance from sexual immorality begins with acknowledging that God desires purity for the body, mind, and spirit. Sexual immorality often traps people through hidden habits, unguarded desires, and compromised boundaries, but God offers freedom through repentance and obedience. Deliverance is not only about stopping sinful behavior, but about allowing God to cleanse the heart and renew the mind so new patterns can be formed.

God's Word teaches that the body belongs to Him and is meant to honor Him. When a person submits their desires to God, He provides strength to flee temptation and

wisdom to set healthy boundaries. Deliverance from sexual immorality brings clarity, restored self-control, and peace where shame once lived. As the believer walks in obedience, freedom becomes a lifestyle and holiness becomes a reflection of God's power at work within.

Scripture

1 Corinthians 6:18 KJV Flee fornication. Every sin that a man doeth is without the body; but he that committeth fornication sinneth against his own body.

1 Corinthians 6:18 MSG (summary) Run from sexual sin and protect your body.

WHO

WHAT

WHEN

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WHY

Vocabulary

Flee

- Webster: Run away quickly
- Biblical: Separate from temptation

Reflection Questions

What boundary helps you flee temptation

What needs to change in entertainment

How can you honor God with your body

Reflection Multiple Choice

The Bible says we should

- A. Flee sexual sin
- B. Play with temptation
- C. Ignore conviction

Purity includes

- A. Choices and boundaries
- B. Secrets
- C. Double life

God wants our bodies to be

- A. Honoring to Him
- B. Used for sin
- C. Careless

Prayer

Lord, deliver me from sexual immorality. Cleanse my mind, desires, and habits. Help me flee temptation quickly and build strong boundaries. Heal past wounds and destroy unhealthy soul ties. Fill me with purity and self-control. In Jesus' name Amen.

DAY 15 DELIVERANCE FROM SIN CYCLES

Deliverance from sin cycles is about breaking repeated patterns that keep pulling a person back into the same struggles. Sin cycles often begin with unaddressed habits, triggers, or compromises that slowly become routines. Without intervention, these cycles create frustration, guilt, and discouragement, making freedom feel out of reach.

God offers deliverance by revealing the root of the cycle and providing strength to change. Through repentance, accountability, and obedience, old patterns can be interrupted and replaced with new ones. Deliverance from sin cycles brings stability, growth, and renewed confidence. When the cycle is broken and destroyed, the believer is able to move forward in freedom, maturity, and consistency.

Scripture

Romans 6:14 KJV For sin shall not have dominion over you: for ye are not under the law, but under grace.

Romans 6:14 MSG (summary) Sin cannot control you when you live under grace.

WHO

WHAT

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WHY

Vocabulary

Dominion

- Webster: Control
- Biblical: Sin losing power because of grace

Reflection Questions

What sin cycle do you want God to break

What triggers lead you into failure

What new habit will you start

Reflection Multiple Choice

Grace means

- A. God helps you overcome
- B. You stay bound
- C. Sin wins

Breaking cycles starts with

- A. Repentance and change
- B. Hiding
- C. Excuses

God wants you to

- A. Grow and overcome
- B. Give up
- C. Stay stuck

Prayer

Lord, break every cycle of sin and failure. Give me strength to repent and stay consistent. Help me recognize triggers and remove compromises. Fill me with discipline and accountability. Teach me to walk in grace and victory. In Jesus' name Amen.

DAY 16 GOD SHOWS BROKEN

AREAS

God shows broken areas not to shame us, but to heal us. Often, there are places in the heart shaped by past hurt, disappointment, fear, or unaddressed sin that quietly affect how a person thinks, reacts, and relates to others. When these areas remain hidden, they can hinder growth and keep a believer from walking fully in freedom.



Through prayer and obedience, God lovingly reveals what needs attention. He brings truth to the surface so healing can begin. When broken areas are acknowledged instead of avoided, God restores strength, wisdom, and clarity. Allowing God to show and heal these places leads to maturity, stability, and a deeper relationship with Him.

Scripture

Psalms 51:6 KJV Behold, thou desirest truth in the inward parts: and in the hidden part thou shalt make me to know wisdom.

Psalms 51:6 MSG (summary) You want truth deep inside me and You teach me wisdom.

WHO

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WHY

Vocabulary

Brokenness

- Webster: Damage
- Biblical: Areas of the heart that need healing

Reflection Questions

What area needs healing

How do you respond when God corrects you

Who can you ask for prayer

Reflection Multiple Choice

God desires

- A. Truth inside us
- B. Pretending
- C. Hiding

Healing begins when we

- A. Are honest with God
- B. Blame others
- C. Ignore sin

Wisdom grows through

- A. Correction
- B. Pride
- C. Silence

Prayer

Lord, search my heart and show me broken areas I have ignored. Give me courage to face truth and not run. Heal wounds, remove pride, and cleanse hidden places. Teach me wisdom and help me accept correction. Restore me fully. In Jesus' name Amen.

DAY 17 THE BLOOD OF JESUS AS A WEAPON

The blood of Jesus is a spiritual weapon given to believers through Christ's sacrifice. It represents victory, protection, and authority over the enemy. Scripture teaches that the blood was shed not only for forgiveness of sins, but also for overcoming the power of darkness. When believers understand the power of the blood, they learn that victory is not achieved through human strength, but through what Jesus has already accomplished. The blood of Jesus speaks on behalf of the believer. It silences accusation, breaks bondage, and establishes spiritual covering. When the enemy attempts to bring condemnation, fear, or attack, the blood of Jesus stands as evidence that the believer belongs to God. This weapon is activated through faith, obedience, and confession of God's Word.

Using the blood of Jesus as a weapon means standing on the truth of redemption and refusing to live under guilt, defeat, or intimidation. It reminds the believer that the enemy is already defeated. The blood secures victory, enforces freedom, and keeps the believer anchored in Christ's authority.

Scripture

Revelation 12:11 KJV And they overcame him by the blood of the Lamb, and by the word of their testimony; and they loved not their lives unto the death.

Revelation 12:11 MSG (summary) The blood of Jesus and bold testimony defeat the enemy.

WHO

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Vocabulary

Testimony

- Webster: True statement
- Biblical: Speaking what you believe and what God has done

Reflection Questions

What do you need to overcome

What does the blood of Jesus mean to you

What testimony can you speak in faith

Reflection Multiple Choice

We overcome by

- A. The blood of Jesus
- B. Fear
- C. Silence

Testimony means

- A. Speaking your faith
- B. Hiding
- C. Doubting

The blood brings

A. Victory

B. Bondage

C. Confusion

Ways to Use the Blood of Jesus as a Weapon

1. By Faith

Believe that the blood of Jesus has already secured victory, forgiveness, and authority over the enemy.

2. Through Confession

Speak aloud that you are redeemed, covered, and protected by the blood of Jesus.

3. Against Accusation

Use the blood to silence condemnation, guilt, and shame when the enemy brings up past sin.

4. For Protection

Plead the blood of Jesus over your life, home, family, mind, and surroundings.

5. In Spiritual Warfare

Declare the blood of Jesus against demonic attacks, oppression, and spiritual resistance.

6. For Deliverance

Apply the blood when renouncing sin, breaking soul ties, and closing demonic doors.

7. Against Fear and Anxiety

Speak the blood of Jesus over your mind when fear attempts to control your thoughts.

8. Over Temptation

Use the blood as a reminder that sin has lost its power and you are no longer bound.

9. For Healing

Declare the blood of Jesus over sickness, weakness, and affliction, trusting in Christ's sacrifice.

10. To Maintain Freedom

Continue to stand on the blood daily, not just in crisis, to remain spiritually guarded.

11. During Prayer and Fasting

Apply the blood as spiritual covering while seeking God's presence and direction.

12. In Times of Spiritual Attack

Call on the blood when sleep is disturbed, peace is shaken, or confusion arises.

13. Over Your Testimony

Declare that your life is marked by the blood and the victory it represents.

14. When Standing in Authority

Use the blood when resisting the enemy, knowing you have authority in Christ.

15. In Worship and Praise

Thank God for the blood, acknowledging its power and effect in your life.

Prayer

Lord, I thank You for the blood of Jesus. Cover me, my home, and my family. I plead the blood over my mind, health, finances, and future. Let every attack be canceled and every weapon fail. Strengthen my faith and testimony so I stand boldly in victory.

- 1. I plead the blood of Jesus over my mind, that my thoughts are guarded by truth and peace.**
- 2. I plead the blood of Jesus over my body, that sickness and weakness have no authority over me.**
- 3. I plead the blood of Jesus over my heart, that it is cleansed from hurt, bitterness, and fear.**
- 4. I plead the blood of Jesus over my home, that no evil, confusion, or strife may enter.**
- 5. I plead the blood of Jesus over my family, that they are protected, covered, and kept by God.**
- 6. I plead the blood of Jesus over my finances, that lack and instability are broken.**
- 7. I plead the blood of Jesus over my spirit, that I remain sensitive and obedient to God.**
- 8. I plead the blood of Jesus over my past, that guilt, shame, and condemnation are silenced.**
- 9. I plead the blood of Jesus over my present, that I walk in wisdom, clarity, and peace.**
- 10. I plead the blood of Jesus over my future, that God's purpose and protection go before me in Jesus' name Amen.**

DAY 18 DELIVERANCE PRAYER OF RENUNCIATION

Deliverance and renunciation work together to bring lasting freedom. Deliverance is God's power to set a person free from bondage, oppression, and the effects of sin. Renunciation is the believer's response to that freedom by choosing to reject, turn away from, and break agreement with anything that opposes God's will. Deliverance removes what once held you, and renunciation closes the door so it cannot return.

Renunciation requires honesty, humility, and obedience. It is a verbal and spiritual declaration that you no longer align yourself with sin, darkness, or ungodly patterns. When deliverance and renunciation are practiced together, freedom is protected and strengthened. God brings deliverance, but renunciation keeps the believer aligned with truth, holiness, and spiritual stability.

Scripture

2 Corinthians 4:2 KJV But have renounced the hidden things of dishonesty, not walking in craftiness, nor handling the word of God deceitfully; but by manifestation of the truth commending ourselves to every man's conscience in the sight of God.

2 Corinthians 4:2 MSG (summary) We refuse hidden sin and live in the open truth of God.

WHO

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WHY

Vocabulary

Renounce

- Webster: Reject and turn away
- Biblical: Breaking agreement with sin and darkness

Reflection Questions

What do you need to renounce today

Why is renouncing important

What will you remove from your life

Reflection Multiple Choice

Renounce means

- A. Turn away from sin
- B. Excuse sin
- C. Keep sin secret

Deliverance requires

- A. Truth and repentance
- B. Pride
- C. Compromise

God honors a heart that is

- A. Honest
- B. Double minded
- C. Rebellious

Prayer

Lord, I renounce every hidden sin and every compromise. I choose truth, repentance, and purity. Cleanse me and strengthen me to live free. Help me walk in honesty and obedience. Let my life be fully surrendered to You. In Jesus' name Amen.

DAY 19 THE SPIRIT OF PRAYER AND SUPPLICATION

The spirit of prayer and supplication is God's grace at work within a believer, stirring the heart to seek Him earnestly and consistently. Supplication is more than routine prayer; it is humble, heartfelt petition that recognizes complete dependence on God. When God pours out the spirit of prayer and supplication, He creates a deeper awareness of His presence and a stronger desire to communicate with Him.

This spirit moves a person beyond casual prayer into sincere intercession, repentance, and submission. It softens the heart, sharpens spiritual sensitivity, and aligns the believer with God's will. Through the spirit of prayer and supplication, God strengthens faith, deepens relationship, and prepares His people to stand, endure, and respond to His leading with obedience and trust.

Scripture

Zechariah 12:10 KJV And I will pour upon the house of David, and upon the inhabitants of Jerusalem, the spirit of grace and of supplications: and they shall look upon me whom they have pierced, and they shall mourn for him, as one mourneth for his only son, and shall be in bitterness for him, as one that is in bitterness for his firstborn.

Zechariah 12:10 MSG (summary) God pours out grace and a spirit of prayer over His people.

WHO

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WHY

Vocabulary

Supplication

- Webster: Humble request
- Biblical: Earnest prayer asking God for help

Example of the spirit of prayer and supplication:

A man wakes up with a strong burden to pray for his family and his church. Nothing specific has happened, but he senses an urgency in his spirit. He kneels and begins to pray sincerely, asking God for mercy, direction, and protection. His prayer becomes focused and heartfelt, not rushed or distracted. When he finishes praying, the burden lifts and peace settles in his heart. This is the spirit of prayer and supplication, where God prompts the believer to pray according to His will and not just personal desire.

Reflection Questions

What do you need help praying about

How can you build a daily prayer habit

What does it mean God pours out grace and prayer

Reflection Multiple Choice

Supplication is

- A. Earnest prayer
- B. Complaining only
- C. Silence

Grace helps you

- A. Pray and obey
- B. Sin freely
- C. Give up

God pours out

- A. Grace and prayer
- B. Fear and hate
- C. Confusion

Prayer

Lord, pour out the spirit of grace and supplication on me. Teach me to pray with faith, humility, and consistency. Remove distraction and strengthen my desire for Your presence. Let prayer become my lifestyle. Help me intercede for my family, church, and community. In Jesus' name Amen.

DAY 20 Pray for REVIVAL

When praying for revival, believers must intercede with urgency and faith, asking God to cleanse the church, renew spiritual fire, and draw souls to repentance. Revival prayer seeks transformation, not emotion, and power, not performance. As God answers, hearts are convicted, lives are changed, and the presence of the Holy Ghost becomes evident. True revival brings the church back to sound doctrine, righteous living, and a deeper hunger for God..

Scripture

Habakkuk 3:2 KJV O Lord, I have heard thy speech, and was afraid: O Lord, revive thy work in the midst of the years, in the midst of the years make known; in wrath remember mercy.

Habakkuk 3:2 MSG (summary) Revive Your work among us again and remember mercy.

WHO

WHAT

WHEN

WHERE

WHY

Vocabulary

Revival

- Webster: Awakening
- Biblical: God stirring hearts back to repentance and hunger

Reflection Questions

What does revival look like in your life

What should change during revival

Who can you pray for to be revived

Reflection Multiple Choice

Revival brings

- A. Repentance and hunger for God
- B. More sin
- C. Pride

Revival starts with

- A. Prayer
- B. Gossip
- C. Comfort

Mercy means

- A. God's compassion
- B. Cruelty
- C. No love

Prayer

Lord, revive Your work in me and in Your church. Stir up repentance, holiness, and love for Your presence. Heal backsliding hearts and bring the lost back. Let worship be real, prayer be strong, and unity be restored. Remember mercy and pour out Your Spirit in our city. In Jesus' name Amen.

DAY 21 SURRENDER TO GOD

Surrendering to God means willingly placing your life, your choices, and your desires under His authority. It is choosing obedience over control and trust over fear. Surrendering to God requires humility, allowing Him to guide decisions even when the path is unfamiliar or uncomfortable. When a believer surrenders to God, resistance fades and spiritual clarity increases. It opens the heart to correction, growth, and transformation. Surrendering to God is not about losing freedom, but about gaining peace, direction, and alignment with His purpose.

Scripture

Romans 12:1 KJV I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.

Romans 12:1 MSG (summary) Offer your everyday life to God as worship.

WHO

WHAT

WHEN

WHERE

WHY

Vocabulary

Surrender

- Webster: Give up control
- Biblical: Letting God lead every area of life

Reflection Questions

What area do you need to surrender

What does living sacrifice mean

How can you stay surrendered after this fast

Reflection Multiple Choice

*** Surrender means**

- A. God leads your life
- B. You lead alone
- C. You never change

***A living sacrifice is**

- A. Daily obedience
- B. One time feelings
- C. No commitment

*** Surrender produces**

- A. Peace and purpose
- B. Confusion
- C. Pride

Declare to live a surrendered life unto God:

1. **I surrender my will to God and choose obedience over my own desires.**
2. **I surrender my thoughts to God and allow His Word to guide my mind.**
3. **I surrender my plans to God, trusting His direction for my life.**
4. **I surrender my heart to God, releasing fear, pride, and resistance.**
5. **I surrender my habits to God and invite Him to shape my character.**
6. **I surrender my time to God and seek His purpose in every season.**

7. **I surrender my relationships to God and ask Him to order them according to His will.**
8. **I surrender my future to God, believing His plan is good and faithful.**
9. **I surrender control to God and rest in His wisdom and timing.**
10. **I surrender fully to God and commit to walk in obedience and trust each day.**

Prayer

Lord, I surrender my life to You completely. I present my mind, body, time, and choices as a living sacrifice. Help me let go of control, pride, and fear. Teach me to obey You daily, not only when it is easy. Let my life bring You glory and keep me steady after this fast. In Jesus' name Amen.